

No One Knows

By Annika Morschauser | Opinion Editor



Photo: [Volodymyr Hryshchenko](#)

No one knows what they are doing at any given moment. The whole idea of adulting is a lie because even the adults are just going with the punches while trying not to get punched. The increase of self improvement culture and needing to know what you're doing in life is just silly. All of the advice that someone gives isn't going to magically set your life on the right path even if you actually follow their advice instead of scrolling to the next set of helpful hints to live by.

It's impossible to live the exact same life as another person. Yes, you might admire someone and their profession or lifestyle, but you can't get there in the same way nor will you have the exact same things that they have. All of the influencers promising that they know the best product or

steps that will change your life aren't actually going to change your life at all. It's all for their benefit, not yours.

The other thing that ties into all of this is that you actually have to take action instead of daydreaming and thinking about what you should be doing. Nothing is going to change unless you make the changes happen. The world is leaning into living a virtual life, but you can take control and bring yours back into reality.

So no one knows what they're doing really and their advice can only do so much in your life. Life is one big experiment of trials and errors until you find what works best for you. Follow what you're interested in. Explore what's out there in the world. Instead of gathering materials, strive to make new memories and gain new experiences. No one knows what they are doing, so you don't have to either.